



SEPTEMBER 2021 - 28<sup>TH</sup> EDITION

# POWERHOUSE

## GLOBAL MAGAZINE

SPECIAL EDITION

# CELEBRATING

# 50

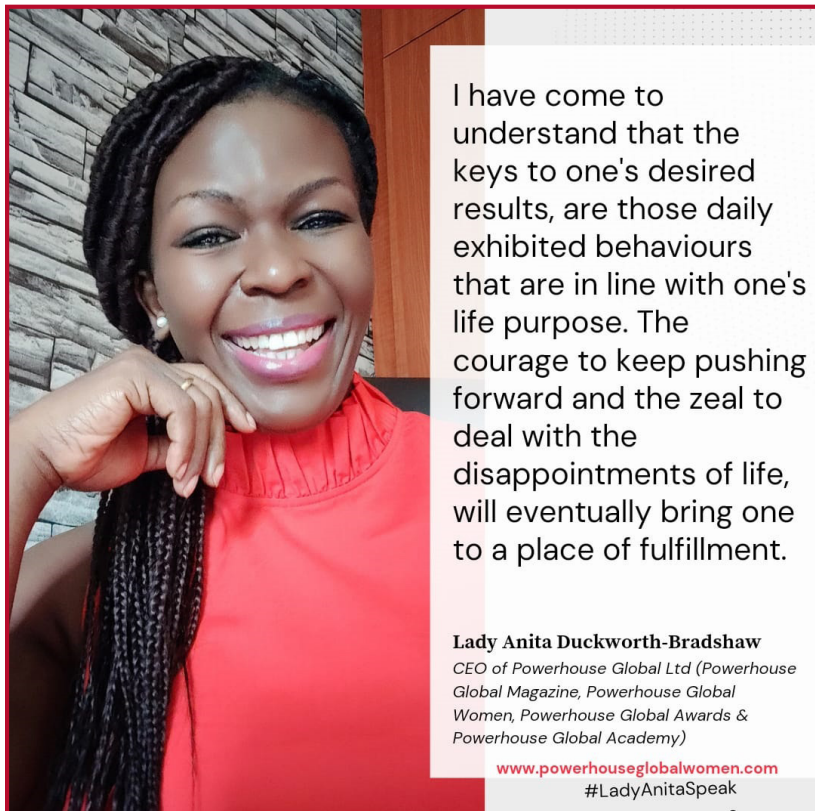
# Women

## FROM AROUND THE WORLD

*"The best feeling comes with our  
desire to serve others. By doing  
so, we leave positive trails in the  
world."*

- Anita Duckworth-Bradshaw





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## PUBLISHER'S NOTE

### Lady Anita Duckworth-Bradshaw Powerhouse Global Brand Propagator



***"The best feeling comes with our desire to serve others. By doing so, we leave positive trails in the world."***

- Anita Duckworth-Bradshaw

It's an honour to share this edition with some special people (my global sisters). Powerhouse Global Magazine has a mission to showcase the brilliance of leaders and aspiring leaders and this time, we are celebrating 50 women who dared to lead despite life challenges. They come from different countries of the world, and each of them are adding value in their fields of purpose.

We are truly grateful for your support over the years. It's a dream come true for us to have the

28th Edition of #pgmag dedicated to the women of the world.

When my mother passed away 18 years ago, I promise myself to help more women to do, have and become more. Powerhouse Global Women is proud to work with Powerhouse Global Magazine to make this a reality.

We have a lot of work ahead so, we can't sit on our laurel. We must keep the light shining so that more people - women especially would become great contenders in the corridors of Power.

Thank you and God bless you.

Lady Anita Duckworth-Bradshaw



Powerhouse Global Magazine



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# CELEBRATING 50 Women FROM AROUND THE WORLD

## Debbi Sluys

Debbi Sluys specializes in helping people elevate and improve their physical, mental and spiritual well-being, expanding the brain's potential, and with living intentionally in a state of gratitude and kindness. With nearly 30 years experience in early childhood development, Debbi has gathered a wealth of valuable knowledge about the power of mindset, visioning and success. With her background in professional development and skills in public speaking, Debbi can help you use your brain's full capacity to reveal your individual dreams, discover your "whys" and accomplish your personal destiny.

Debbi guides people to create a clear vision for their future. Allowing themselves the indulgence of being creative and "playful", people then expand by adding



supportive visuals that slowly uncover their dreams and true potential.

Debbi has studied personal development and success for over 20 years, leading people to become their best selves. She has witnessed the science at work and will guide you through it.

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*"Vulnerability is the birthplace of innovation, creativity and change."*

**Brené Brown**



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## Tanieka Vance-Randall (Tee)



**T**anieka Vance-Randall (Tee) is an international transformational speaker, entrepreneur, cancer survivor and Oncology RN. Tanieka was born in New Orleans, Louisiana and now resides in Rosharon, Texas. She's been featured on Black Enterprise, Forbes, NBC, Rolling Out, Sheen Magazine, Black News Channel, Side Hustle School, Naturally Curly and more. She's always had a passion for helping others, which led her to pursue a career in nursing. In 2011 two weeks away from finishing nursing school Tanieka faced her greatest battle, cancer. Although her recovery was an uphill climb, the blessing she gained was a profound passion for growing healthy hair and helping others.

### TEE'S HAIR SECRET

In 2014, after regrowing her hair Tanieka created Tee's Hair Secret, a line of healthy hair care products featuring her personal staple hair oil. Tanieka's products have helped thousands of women across the globe achieve healthier hair. Tanieka is forever educating herself to cater to different hair issues including habits, health or stress related hair problems. Tee's Hair Secret not only provides super hydrating hair products but also educates others on how to achieve healthy hair goals. Being a RN she stands on integrity and refuses to sell a product

without teaching others to become more active and knowledgeable in their hair care to grow healthy hair from the inside out and root to tip.

### FINDING HER VOICE

As a speaker Tanieka's goal is to not only help women and teens have healthier hair and love it but to encourage others to strive for more. Tanieka openly and honestly shares her ups and downs in both her personal and business journey to inspire others and show them that with God and determination greater is possible. Tanieka believes that we were all born with unique gifts that are meant to be shared with the world. Tanieka helps purpose-driven women transform their visions into reality without feeling stuck or uncertain by discovering their God-given unique superpowers. She guides others through speaking, online videos, posts and mentorship.

### CONNECT WITH TANIEKA ONLINE.

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LinkedIn: <https://www.linkedin.com/in/tanieka-vance-randall-92b82b83>

Shop Products: [www.TeesHairSecret.com](http://www.TeesHairSecret.com)

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**Angela Karanja**

**A**ngela Karanja is an empowering adolescent psychologist and parenting teenagers expert and the founder of Raising Remarkable Teenagers. After battling extreme poverty and childhood abuse she's become the most enlightening parenting teenagers expert in the world.

She shares empowering psychological and scientific ideas filled with a soul and smiles in the most candid and fun way.

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## Esperanza Smith

**E**speranza Smith is a holistic healer & educator, published author, writer, artist, and Founder of PureEsperanza, NFP. She studied & trained in Waldorf Education & human development, and has taught holistic education for 25+ yrs. Her love for life-long learning has led her to study in traditional and non-traditional educational institutions that include studies in healing, metaphysics, spiritual science, religions, mysticism, esotericism, philosophies, psychology, biodynamics, nutrition, alternative medicines, and the arts. Esperanza's teaching includes Waldorf schools, Spanish-foreign language programs, charter school programs, homeschooling collectives, private tutoring, prenatal & natural childbirth classes, adult enrichment programs, people with disabilities, life skills, job readiness, parent workshops, national conferences, community events and private consultation. She has served as a Director of independent charter school programs, an award-winning after school art program, and as an Administrator of a private school. Esperanza's professional career has included



social services, nonprofits, faculty chair Board work, operations, and human resources. She is the author and illustrator of *Girl Seeking Pearls* and other inspired writings. Presently, she serves as the Executive Director of PureEsperanza wearing many hats. Esperanza is a mother, grandmother, Life partner, and a soul with a commitment to the Consciousness movement, holistic wellbeing, energy medicine of our future, and serving humanity in this evolutionary time of rapid transformations with a vision to dream a new world into being.





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## Lisa Vrancken



Lisa Vrancken is an exceptional business leader, proficient marketing director, and globally-recognized brand/media strategist. Currently, Lisa is the Executive Vice President of AsSeenOnTV. pro, where she spearheads programming for Shark Discoveries with prominent host Kevin Harrington — the original Shark from the Emmy award-winning TV show, Shark Tank. An award-winning television producer herself, Lisa brings more than two decades of experience in TV, digital marketing, public speaking, PR/events, and branded entertainment. Lisa masterfully weaves interdepartmental connections, drives cross-platform revenue strategies, creates relevant content, and develops engaging video/commercial advertising for clients of all stripes.

Lisa also partnered with Ashley Black and Korie Minkus to co-author the book, BE...From Passion and Purpose to Product and Prosperity, distributed by

Simon & Schuster in October 2021. Together, they formed BE...PPPP LLC, for events, merchandising and to create a community for female entrepreneurs.

She's also the Co-Founder of Raw Form LLC, with Korie Minkus and Beauty Expert, Sarah Eggenberger, a company that specializes in bridging raw ingredient suppliers with independent brands and retail private label in Beauty and Health.

As the architect of the Innovator's Think Tank, Lisa has been a genuine catalyst to the successful trajectories of an array of diverse brands in distinct verticals. Lisa has a background in law, holds a bachelor's degree in political science and economics, and she later earned certifications in biofeedback, hypnotherapy, and neurolinguistic programming. A student of the market and the mind, Lisa is a poised industry veteran with professional insights and remarkable wisdom.

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**Adese Okojie**



**CEO & Founder of Black Woman in HR - BWHR**

**A**dese established BWHR in June 2019 out of her own personal experiences as a black woman navigating her career in United Kingdom. The BWHR tribe has developed from a networking platform to a strong force through supporting its community with education, empowerment and recruitment. BWHR has mentored over 50 black women in HR and empowered more than 300 women through their monthly masterclass.

In addition to leading the BWHR strategy, Adese is a senior business partner at a multinational engineering

firm, a non executive board member and a strong advocate for equity, diversity and inclusion. Adese achieved an empowerment award nomination for her role in the career development of black women in HR from Nations of Women in 2021. Her mission is to educate organisations on the positives of taking an intersectional approach in gender and race. She is on a mission to create positive change for ethnic minorities in Human Resources.

Adese's vision is to empower black professionals globally through her voice and platform to connect and win with intention!

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## Christine Giscombe

Christine Giscombe, is a Motivational Speaker, a Certified Cognitive Behavior Coach and an Award Winning Mentor who specialises in emotional awareness and intelligence. Christine provides mentoring for teenage girls, and she coaches women in business. She is the founder of Born to Excel, which delivers mentoring, coaching and workshops for females of all ages.

Christine has developed a program for Mothers & Daughters, delivering seminars, modules and workshops bringing healing and restoration to fractured Mother & Daughter relationships and the nurturing of unmet emotional needs through the powerful use of words, actions and conversations. This platform provides a safe place to share and gives language and a voice to experiences that cannot be easily articulated!

### *Your Story, My Story, Our Stories!*

"Sometimes it takes another person to believe in you and see something of purpose and value in you before you believe and see the seeds of greatness within."

### FOR FURTHER INFORMATION CONTACT:

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## Dr. Mel



**T**he Vice-President of WHC; Her Excellency First Lady Rt Rev Bishop Dr. Melody Unity Makore her unforgettable style and leadership

With a spirit as energetic as her fame, she embodied a new style and leadership that is much needed in the world today. She has played a pivotal role in the development of leadership in the world of humanity. Her Excellency First Lady, the Rt Rev Honorable Dr. Melody Makore known as Bishop Dr. Mel, a young woman with amazing vitality and capacity for woman. She is extensively acknowledged for her tenacity and spirited attitude of holding on to her philosophies of fostering human growth in spite of the undesirable energy from the world around her. She has managed to penetrate national and racial groups world-wide and she has been much-admired by young and old people at every level of life.

The youngest first black woman to be ordained as the Bishop, in Europe and 77 Balkans Nations and a Governor of Academy of Universal Global Peace (AUGP), she was ordained on the 1st of July 2015 by His Excellency, The Eminent Scientist Dr. Madhu Krishan in the University of Birmingham.

She is currently serving as the Vice President of East Africa for World Humanity Commission, Diplomatic Ambassador for Zimbabwe in the UK for the World Humanity Commission (WHC). On the 16th of October 2018, she was honored with an Honorary Degree by the Diplomatic Mission Peace and Prosperity Foundation in the Albania Balkans Nations.

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## Prof. Ogla Mroz



**P**rofessor Olga Mroz, Dame of Honour  
 She is Professor and Director Open World and  
 Art Business  
 Program in Al-Khalifa Business School, the Editor and  
 Chief of AKBS.  
 She is Ambassador "Love & Light for World Peace"  
 and  
 Global Ambassador CEC -Commonwealth  
 Entrepreneurs Club. She is Speaker, Autor, Artist and  
 Collector.  
 Prof. Olga Mroz, Dame of Honour was born in Russia  
 and she has been living in Germany since 1992.  
 She graduated in Architecture and Art, has degree in  
 Theatre and Music by the Institute of Performing Arts  
 of St. Petersburg. She also holds a degree in Artist  
 Psychology by Art Academy of Moscow. During more  
 than 15 years she was the director of the Operetta  
 Theatre in Russia. After Perestroika she had her own  
 art gallery in the Pushkin Museum.

She used to be a representative of many Russian  
 artists in Europe for many years and now she is  
 dedicated to managing various art projects and  
 organizing art exhibitions of international artists in

Europe. She pays a lot of attention to topics  
 "Education" and "Women empowerment." All her  
 projects are aimed at the development of social and  
 cultural innovations. She wrote many articles about  
 the expression of art as freedom.

Her Paintings are in private collections in different  
 countries of the world. She has been part of many  
 charitable activities and has greatly contributed to  
 helping those in need. Her moto in life is "If you love  
 what you do, you will be successful".

Professor Olga Mroz has been awarded for  
 outstanding Vision, Dedication and Success und also  
 for the extraordinary Leadership and advisory Skills,  
 excellent cooperation and support by Global Family  
 and the Royal office.

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## Jaswinder Challi

**J**aswinder Challi Fellow Accredited Hypnotherapy Society, award winner for Cultural Integration by Maharishi Mahesh Yogi (Guru of the Beatles), Mentmore Towers centre for Yoga and Meditation. Award winner for International Womens Inspiration in the field of Education and Writing.

Currently co-author of 8 books and soon to arrive her solo book, "The Authenticated Voice", she has also written articles in publications and ran her own magazine called Cultures as a Youth Incentive when she was 21 years old.

Teacher of Yoga and Meditation at local gyms, community centres and part of healing retreats, she enjoys learning the different modalities and yoga lineages.

Jaswinder has been an active tutor, teacher, trainer for the past 30 years in the field of Counselling and Hypnotherapy as well as client work in the areas of mental health, sexual health, sexual assault, domestic abuse, addictions, relationship issues and specialism in trauma work and liberating fears.

After a trauma that made her life do a 360 degree turn, she broke, shattered, nearly died and was saved by a mystical experience guided to her by her grandfather in spirit who was a Bhakti Yogi and Sufi Master. Jaswinder was born at his house and always felt a strong connection to him and feels she is the one carrying on his work. In the mystical experience she met Jesus and through the power of Christ Consciousness she reinvented her life. Her journey took her to many countries and masters with him she trained and learned.

Retrained as therapist and the opportunities came in very quickly where she had counselling projects and teaching contracts. Jaswinder feels that her clients and students have been a huge mirror in her journey of healing and is at a pivotal point in her life ready to take her work to another level of healing that will be inspired by her new book.

Jaswinder has worked in many community projects and met Prince Charles who came to acknowledge work she was involved in and was interviewed by the BBC on his visit. She has also been on other TV shows and many radio shows and was invited to the House of Lords for High Tea with the Baronnes of Scotland.



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## Caroline Ribeiro-Nelson



**C**aroline Ribeiro-Nelson is Head of Free Choices - Diverse Mental Health & Well-Being. She is an experienced Psychotherapist, Executive, Consultant, Coach and Trainer who has been working in the fields of Mental Health and Employee Assistance Support for over 25 years. She has headed operational, clinical and training positions for leading organisations and EAPs in Germany and the UK, as well as establishing co-operation partnerships in Europe & U.S.A.

### CAROLINE'S QUALIFICATIONS

Caroline holds a Diploma & Advanced Diplomas in Existential Psychotherapy, Diploma in Life Coaching and Diploma in Mindfulness and a Bachelor of Social Science in Psychology & Politics. She is trained in Creative Personal & Professional Development, Intercultural Business Training & Moderation and Stress Management

### CAROLINE'S MEMBERSHIPS

Registered member UK Council for Psychotherapy (UKCP), Member of the Society of Existential Psychotherapists (SEA), Registered member Association for Coaching (MAC) and Advisory Board Member for Global Women for Well-Being (GW4W).

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## Dr. Ameena Ali

ND, Ph.D., G.A.L.-MR, CD-B/P, VLM

Founder/Consul - Federation of International Gender and Human Rights - A Sovereign Diaspora Consulate

Director Women Empowerment & Development  
 - United Nations (ECOSOC) Special Consultative Status - North Citizen Community Board (NCCB) - New York Office

US Representative - 2019 International Model United Nations Association (IMUNA.org)

Emissary/Special Envoy - Global Goodwill Ambassadors of the Republic of The Gambia - Rural Maternal Health Initiatives for Indigenous Tribal Women Native to the Republic of The Gambia (The Republic of The Gambia, West Africa)

President - Rotary eClub of Social Innovators (RESI District 7090 - New York)



Co-Founder/Board VP, The Zaid Ibn Harith Islamic Center (New York, NY and Atlanta, GA)

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[www.fighr.org](http://www.fighr.org) (Foundation Program)

[www.ggagambia.weebly.com](http://www.ggagambia.weebly.com) (International Program)

<https://youtu.be/8bmOZ8wj-4g> (Social Platform Interview)

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**Sara Abbas**

**Founder | Author | Global Leader | Fashion Designer |  
 Singer | Luxury Influencer**

**S**ara Abbas is a multi-faceted global leader and the founder of a portfolio of brands, which encompasses her innovative designer fashion label, a diversity-focused talent agency / consultancy, and a non-profit organization, each focused on solving problems. She serves on the Forbes Council and works with several international organizations to help empower others and lead by example. In addition to supporting her businesses, she enjoys contributing to humanity as an author / writer, inventor, singer / songwriter, global ambassador,

and luxury brand influencer. She hosts an elite mastermind for other global leaders and is assembling a hub to innovatively serve multiple charitable causes internationally through her non-profit.

Follow her on social media (@HerMajestySara on all platforms) to learn more about her other projects, philanthropic endeavors, musical releases, and ways you can be involved. At this time, she is actively raising awareness for her non-profit and her (future) film, which tells part of her experiences as a refugee of the 1st Gulf War.

**CONTACT DETAILS:**

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## Prof. Ameenah Gurib-Fakim

Her Excellency Ameenah Gurib-Fakim is the first female president of the Republic of Mauritius. H.E. Gurib-Fakim began her career as a Lecturer at the Faculty of Agriculture at the University of Mauritius. She served as the Dean of the faculty of Science and Pro Vice Chancellor at the University of Mauritius from 2004-2010. H.E. Gurib-Fakim received her Ph.D. in Organic Chemistry from the University of Exeter, UK and is a member of the Royal Society of Chemistry. In 1989, she was awarded the C.Chem award by the Royal Society of Chemistry in recognition of her skills and contribution to the field of chemistry. H.E. Gurib-Fakim has written and co-edited 26 books and numerous articles in the field of biodiversity conservation and

sustainable development. H.E. Gurib-Fakim also served as the Managing Director of the Centre for Phototherapy and Research and the Professor of Organic Chemistry at the University of Mauritius.

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## Neetha Sanjay



**N**eetha Sanjay is a Singapore based, ICF Certified Life & Career Coach who specializes in empowering women to live their desired lives.

Known for her dynamism and passion, Neetha tailors her coaching services to her local and global clients throughout their stages in the empowerment journey. Leading with compassion, Neetha's innate confidence is what allows her clients to confide in her and feel connected to their inner strengths and be assured of their own resolve.

Prior to her transition into coaching, Neetha trained as a dental surgeon, where she focused on giving people beautiful smiles. Now, she coaches women to achieve their career and life goals, enabling them towards happiness on their own terms – still bringing smiles wherever she goes.

Her goal is to empower a million women by 2030, and she's well on her way towards that. Beyond this, she is a community leader for the elderly and women through her roles as Board Director at Sree Narayana Mission and various leadership roles at PrimeTime

Business and Professional Women's Association, respectively. By integrating community service as an essential part of her routine, Neetha works tirelessly to ensure that the elderly are given a dignified life and that women are able to reach their highest potential.

Neetha believes that to cause global change, we have to empower the next generation of female leaders to have the courage and confidence in standing up for themselves and others. She does this through mentoring young women facing adversity to establish their careers and go on to inspire those in their communities to become empowered as well.

### CONNECT WITH HER AT:

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## Caroline Emile

*Founder of Butterfly Me*

*Positive Psychology & Life Coach / TEDx Speaker / Author*

Caroline believes that happiness is a choice regardless of our external circumstances and is a skill that can be cultivated by anyone. She is passionate about spreading this message as she believes that prolonged unhappiness can have major negative consequences in every area of our life, including our health. Experiencing breast cancer in 2017 fuelled her to more zealously pursue her mission of empowering individuals on every continent to unleash the best - or butterfly - version of themselves one day at a time, so that they do not share a similar experience to her.

Egyptian-born Caroline is a global citizen who currently lives in London. She is co-author of three



international best-selling titles ('Voices Of Hope', 'Joy – Recipes For Abundance', 'Tough Roads Create Tough People Vol. 2').

Her awards include:

- Special Mention Woman Who Achieves Solopreneur Awards - Overcoming Adversity 2020
- Winner Women Economic Forum Award - Iconic Women Creating A Better World For All 2019
- Winner Powerhouse Global Awards – Inspirational Woman Of The Year 2019

She can be reached at [caroline@butterflyme.co.uk](mailto:caroline@butterflyme.co.uk) or <https://www.linkedin.com/in/carolineemile>



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WomenFROM AROUND  
THE WORLD**H.E. Dr. Justina Mutale**

**A**claimed as one of the most influential and inspirational African women, Justina Mutale was named 'African Woman of the Year' in 2012. She is an international Executive Leadership Development Expert; Accredited Executive Leadership Coach; Keynote Speaker; and International Guest Lecturer. Justina is the bestselling author of: "The Art of Iconic Leadership: Power Secrets of Female World leaders" and co-author of the highly cerebral book titled: "Women on Corporate Boards: An International Perspective", in addition to contributing to several other publications and books on leadership, gender equality and women in leadership.

She is Founder and President of the Justina Mutale Foundation, through which she advocates for gender equality and the empowerment of women and girls by providing leadership and entrepreneurship training, mentorship and coaching. Her Foundation also advocates for the retention and completion of tertiary education for young women and girls from rural and disadvantaged communities in Africa by providing them with university scholarships to access higher education around the world.

Justina previously worked in the Gender Section

of the Commonwealth Secretariat and has been a consistent delegate, speaker and parallel event convener at global forums that address political, economic, social, African and gender issues including the United Nations Commission on the Status of Women (UNCSD) and the African Union High Level Panel on Gender Equality and Women's Empowerment, in addition to being the Founder and Convenor of the World Summit on Women and Girls.

Internationally acclaimed as a global Stateswoman, Justina leads and serves on various Boards of commercial, humanitarian and charitable organisations across the globe, and has been honoured with numerous international awards, honours and accolades for her outstanding leadership qualities.

A recipient of the MANDELA 100 Prize, Justina is listed on various WHO's WHO lists, Power Lists; Influential Lists; and Halls of Fame around the world, including the World Book of Greatness; 100 Most Reputable People on Earth; 100 Most Reputable Africans in the World; 100 Most Influential Black People in Modern Britain; 100 Most Influential Women; and many others.

For more information: <http://www.justinamutale.com/>



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## Ragini Hildreth



**R**agini Hildreth is passionate about teaching. A specialist in primary education, she has been an Assistant Headteacher, Governor, curriculum leader, coach and mentor to newly qualified teachers and emerging leaders. Throughout her career she loved the buzz and rhythm of school life and especially enjoyed working with experts in other disciplines. Collaborating with artists, actors and writers to develop stimulating learning experiences for pupils brought great fulfilment.

However, there were times when she didn't know if she could continue teaching because she was burning out.

Facing the additional responsibilities with each promotion often left her feeling inadequate. She felt overstretched at home and at work and as if she wasn't doing a good enough job in either place.

It got to the point where she was on the verge of quitting.

But the turning point was working with a coach who reminded Ragini of the importance of self-care, and helped her to regain a vision for her life outside of school. Following these sessions, she pivoted her career so that now, the focus of her work is supporting teachers to avoid the pitfalls that lead to burnout.

By integrating her experience and expertise of teaching, leadership and coaching, she has developed personalised coaching programs to support teachers to improve their wellbeing so they can build sustainable careers without sacrificing their free time.

Now, a Career Transition and Leadership Development Coach, she works in partnership with teachers

- To develop strategies to avoid burnout
- To gain clarity about how to prioritise activities
- To confidently set boundaries as they develop as leaders
- To stop people pleasing and to say no to overly demanding requests
- To find their rhythm for work life harmony.

Working in education for over thirty years has given Ragini insight into why so many leave the profession - often within the first five years. Many talented teachers become overwhelmed trying to juggle their personal and professional life and resign. Ultimately, children suffer as schools lose valuable talent. That's why she is on a mission to enrich education for pupils by empowering the next generation of teachers to flourish.

### CONTACT DETAILS:

Links - <https://raginihildreth.com>

<https://www.linkedin.com/in/ragini-hildreth-6a9983121/>

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# CELEBRATING 50 Women FROM AROUND THE WORLD

## Karen Mayo



**A**ward Winning International Best Selling Author  
Board Certified Integrative Nutrition Health & Lifestyle Coach  
Board Certified Member of AADP (American Association of Drugless Practitioners)  
Certified Brain Health by The Amen Clinics  
Board Certified Sports Nutrition Expert  
Board Certified Personal Trainer  
Member of IAHC (International Association of Health Coaches)  
Healthy Eating Specialist & Natural Foods Chef  
Double Certified Corporate Wellness Presenter  
Bee-Keeper

Author of Three Books so Far!:)  
"Mindful Eating" 30 Days To a Whole New You  
"Roots of Leadership" Co-Author  
"Success Works" Contributor

Working on Two More Books and a TV Show  
Tedx Talk "Mindful Eating with Mayo"



### CONTACT DETAILS:

Links:

<https://www.youtube.com/watch?v=CtOU4f3smt4>

<https://karen-mayo.com>

<https://karenmayo.com>



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## Sattie Persaud

Sattie Persaud is currently the Senior Foreign Exchange Manager at Otis. In the nonprofit world, Sattie Persaud is the award-winning founder of World Heritage Cultural Center (WHCC), a United States based 501(c)(3) nonprofit aimed at creating a more harmonious society by building a platform that fosters genuine connections, bringing people closer to their roots, their identity, and their heritage through the arts.

The organization has grown exponentially, showcasing over 800 cultural groups in the United States and from around the world at over 245 concerts. WHCC is a major influencer in the realm of cultural awareness, shifting focus from religion and politics to the arts to facilitate transformation in our society. The organization's shows and classes naturally lead people to contribute to what matters most: Humanity. WHCC is built on faith in the idea of celebrating life through art to convey the greatest stories of human odyssey.

In honor of the work Persaud has done with WHCC, she was recently lauded with the prestigious Women of Substance 2020 award by Business View Magazine



## AWARDS:

- Danbury CT Best Nonprofit 2020
- The Woman Behind World Heritage Cultural Center by Formidable Women
- Hometown Hero Spotlight - Stamford CT News & Volunteer Square honored miss Persaud on her donations from personal funds on covid essentials to Danbury Hospital, Columbia Medical Center and Stamford Hospital.
- Woman of Substance Award 2020 by Business View Magazine (55 countries)

Founder of World Heritage Cultural Center - Empowering the World Through Heritage, Culture and Diversity!

Global Goodwill Ambassador (GGA) building bridges in 200 countries & territories and growing.

## CONTACT DETAILS:

sattie@mywhcc.org  
www.mywhcc.org



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## Marilu Tapia



**M**arilu Tapia is known as "The intuitive Teacher" and the founder of "Good Growth"; a Healing and Coaching Company that helps to empower professionals to step out of their comfort zone into the realm of miracles to find solutions to their problems.

Marilu is an Energy Healer at the Reiki Infinite Healer Institute and a certified Transformational Coach with Mary Morrissey's Institute.

This background has helped her know that human beings need balance and to realize that it is vital to take care of not only the physical aspect such as nutrition and exercise but also the spiritual and emotional side.

Marilu grew up in Mexico where she started her career within the fitness and industry as a Pilates Instructor and Nutrition Coach. She relocated to Canada 10 years ago and studied at the Niagara Culinary Institute. Upon graduating in 2010, Marilu has held positions

such as the head Chef (2014) and then took the "Entrepreneurial Journey" as the owner of "Guacamole Mexican Grill", featuring a traditional Mexican cuisine in Toronto.

With this varied background in coaching, personal growth, entrepreneurship, facilitation work, healing, health, and nutrition. Marilu offers clients, from a holistic modality, with more than 15 years of studying the body, health and personal training, a wonderful choice of:

- healing sessions
- meditations
- transformational webinars
- coaching and workshops

Marilu has a passion for seeing people achieve joy and happiness; and then when we achieve happiness, we will have a better world.

"Good Growth Coaching" is all about "Empowering people to shift out of their pain into the realm of miracles."

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## Falguni Katira



**F**alguni is an internationally recognised Personal Transformation Coach. Falguni helps executives and business owners achieve radical personal and professional transformation by tapping into their inner intelligence using her EQ loaded, Signature V.I.S.I.B.I.L.I.T.Y Framework that creates self aware leaders and teams.

Falguni is a certified Life Coach, Hypnotherapist and NLP practitioner. She has spent more than a decade in leadership roles that include growth marketing, design thinking, customer centric communication and marketing management. She is an accomplished and results - driven leader with experience in managing all facets of business operations , from strategic program management and customer experience to sales and marketing.

Falguni's point of difference is her Personal and Professional Transformation methodology. As a marketer and design thinker turned transformation coach and NLP practitioner, she has a deep understanding of human psychology and specializes in timeline therapy, core transformations and other

energy healing modalities that are proven to bring life changing results. Using her profound knowledge of the ancient Vedic literature and combining that with western philosophy, she has identified and extracted success principles from those rich ideologies and formulated impeccable systems that can bring radical personal transformation with heightened self awareness and emotional intelligence.

When you engage Falguni, you access 20,000 + hours of experience, knowledge and wisdom in Personal and Professional Transformation, Effective Leadership, People Development along with deep expertise in Marketing and Communication. Falguni's goal is to enable people to broaden their horizons and look at themselves and how they show up in this world through new and different lenses.

Falguni is a heart centered, compassionate and tenacious leader who thrives on human transformation and witnessing people lead healthy, happy lives powered by self awareness and emotional intelligence.

[www.falgunikatira.com](http://www.falgunikatira.com), [falguni@falgunikatira.com](mailto:falguni@falgunikatira.com)

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## Gabriele Sommer



From an early age Gabriele Sommer was enthusiastic about sport and winning goals and the success she aspired to, which made my heart beating faster. She is a very passionate and motivational person and a true leader when it comes to solve out, problems and she give always a helping hand and create solutions for them. It makes her happy and grateful to see their success and their happiness and this feel fulfilled too.

Gabriele Sommer has always been to lead with enthusiasm by showing.

She starts to create her own company in her early young age of 27 and she build a Salesforce with 166 people in finances very successfully.

Gabriele Sommer helps you to recognize your “thought creations” and leads you personally to the point where you are the best coach for yourself.

She shows you a coaching process that gives you a personal development and gives YOU the freedom to be who you want to be, that activates and inspires all your energies on all levels of your body and awakens your inner power.

In order to be able to be capable in today's hectic times, especially as a manager or public personality, you must also master the high art of “resilience” in order to have long-term success – Operate THINK HYGIENE  
 Remove mental blocks to reduce your fears  
 Gabriele Sommer shows you how you can quickly and easily learn to trust yourself and follow your inner voice – your so-called intuition.  
 And to be really successful in the long run – your so-called top success!

***I love people and I am proud when I can help to realize their goals.***

(Gabriele Sommer)

### CONTACT DETAILS:

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<https://www.facebook.com/gabriele.sommer946>

Instagram accounts: [sommer.gabriele](#) and [vip\\_mentor\\_gs](#)

LinkedIn: [Gabriele Sommer](#)



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## Sherry Ann Dixon



**E**mpowerment. Leadership. Unquenchable motivation. Hope.

These are perhaps some of the best ways to describe the skills and talents which have served to define Sherry Ann Dixon over the years. Such traits have also enabled her to rise through the echelons of professional society in order to arrive at the pinnacle of success. Her accolades are as impressive as her personal sense of duty to the public and therefore, it only stands to reason that a modicum of recognition is in order. Having said this, greatness is not only measured by one's list of prior accomplishments. It is also gauged by the impact that an individual has upon the world. This is when Sherry Ann Dixon truly begins to shine.

### AN UNPARALLELED LEVEL OF HANDS-ON EXPERIENCE

Unlike some other personalities who have been honoured in recent times, Sherry Ann Dixon has based many of her principles upon interactions with some of the most well-known personalities in the world. These include (but are certainly not limited to) Sir Nelson Mandela, Dr. Maya Angelou, Margaret

Thatcher, and Baroness Doreen Lawrence. It is often said that we build ourselves by standing upon the shoulders of giants, so it is only logical to observe that her ability to gain inspiration by these true global icons has served to shape her empowerment techniques over the years.

A Constant Sense of Personal Evolution - Sherry Ann Dixon has likewise made it a point to constantly evolve in terms of her professional and interpersonal skills. Originally stemming from a background in beauty and public relations, she has since branched out into the worlds of editing, journalism, transformational lecturing, and mentoring. This multi-faceted approach has enabled her to reach out to various segments of society; particularly the BAME community, women and children.

Thus, she also serves as a powerful role model who continues to inspire the younger generation. These are perhaps some of the reasons why she was honoured enough to deliver keynote addresses to both the House of Parliament and the House of Lords; two accolades which should never be taken lightly.

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# CELEBRATING 50 Women FROM AROUND THE WORLD

## Ruth Young-Loaeza

**R**uth Young-Loaeza is the CEO & Founder of Genius On Development, Inventor, small business owner, serial entrepreneur, innovator, visionary, dreamer, international bestselling author, pioneer, and more!!!

Young-Loaeza started her journey as an inventor during a period of homelessness after a car accident that left her unable to work, during this time Young-Loaeza gave life to her inventive ideas by creating drawings and prototypes of some of the designs that she had come out with while working as a housekeeper for more than twenty-three years. But it wasn't until after creating a prototype that worked as expected that she decided to enter an invention competition, then she flew to New York with only \$50 in her pocket, and the hope to find out if anyone will care for her invention. Young-Loaeza slept in her rental car, and the next morning she headed towards the invention event where to her disbelief won 1st place. The journey had begun, and this caused the snowball effect having more confidence that this invention had space in the consumer market.

The revolutionary NEET bed sheet, with yet a simple design consists of a flat and a fitted bed sheets that reduces the bed making time by 50% and also



reduces mattress lifting by 75%. As a result, this can potentially reduce workers compensation claims, according to a study conducted by California State University San Marcos.

After 23 years as a housekeeper Young-Loaeza finally quit cleaning houses to devote her full time to her inventive ideas and determined to make her dreams happen.

Today Young-Loaeza has been granted two patents and a trademark, and most recently has filed another two patent applications for other innovative aspects on the bedsheets. Currently NEET Sheets has penetrated the hospitality market and NEET Sheets are currently use in boutique hotels in the San Diego Area.

***"I want to help all of those that work so hard in the hospitality industry by saving precious time they spend when making the beds and reducing the effort when lifting the mattress. I know NEET Sheets is THE solution to these problems."***

Ruth Young-Loaeza  
CEO & Founder | NEET Sheets Inventor  
[www.makeitneet.com](http://www.makeitneet.com) | [ruth@makeitneet.com](mailto:ruth@makeitneet.com)

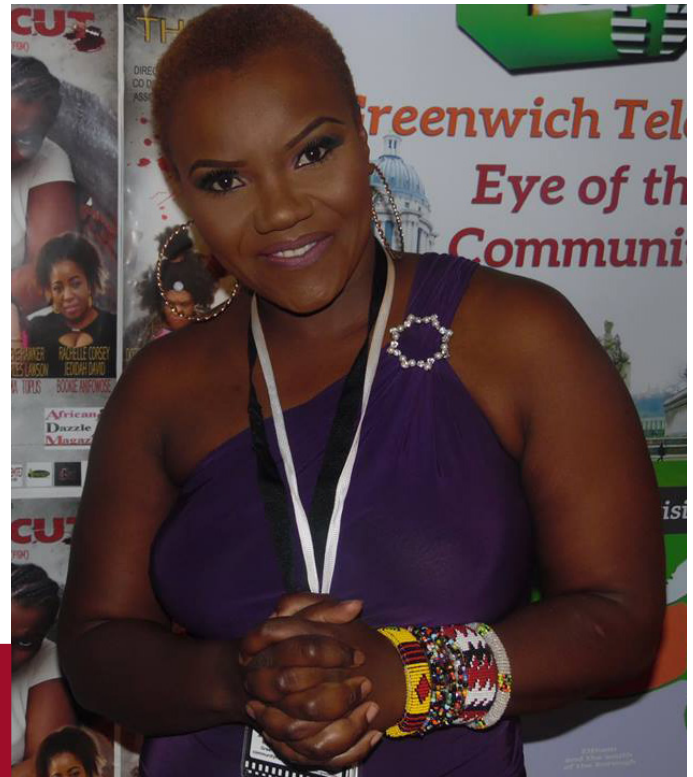
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## Lydia Tett Olet

Lydia Tett Olet, is a proud Kenyan and a real patriotic citizen. She created the company Malaika Dance Unique in 2008, after working and gaining experience and skills in a large number and wide range of performing arts organizations both home and abroad. (MDU) provides creative educational and entertainment activity in schools and communities, our aim is to promote and create awareness of our African culture and pride in the main stream.

In addition Lydia Tett Olet is also involved with TY Moore Concept Productions and Steve Nash Productions in acting, writing, making and producing movies in London Nollywood Movies. The main creation for the Malaika Dance Unique is the established and indeed acclaimed, currently running, "The Darkest Hours of Victory"; Which is the first ever theatre play by a Kenyan (Lydia Olet) in Britain. She just completed her first movie Captivated with TY Moore Concept which took her afar to Nigeria where the movie was chosen to be première, her second



movie titled 69 (Yoruba Movie) to be premiered in London and working on her 3rd Movie/TV Series titled Apostle Do Good. She is the Assistant Director and Presenter for royalgreenwich on line TV. Lydia Tett Olet has received TAHA Awards, Beffta Awards, Miss Teen Africa Award, She was the role model of the week beginning 21st Sep- 2015, elected by Tony Tokunbo Eteka Fernandez. Published in the Afrokanist Magazine on the 3rd March 2016 as one of the Six Leading African Women in the UK. Award from Disabled International Foundation, Award from Kitenge Festival for recognition for the support in the community, Baobab awards for Culture and Community Building. Just being nominated to receive an award at Dallas Texas (USA) by Dear Awards for the best Kenyan Nollywood actress in London. She is also the vision barrier (CEO) of the annual ongoing event Kenya and friends in the Park.



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## Amb. H.E. Queen Dr. Elizabeth Lucas-Afolalu

**A**mb. H.E. Queen Dr. Elizabeth Lucas-Afolalu is the Award-Winning Author, Entrepreneur, BA in Business and Management, International Inspirational Speaker, Global Advisor, Youth, Women and Relationship and Mindset Mentor. She has been recognized for her contributions to Humanity and Community and has been awarded, Certificate of Recognition by many.

She has been featured on National Press such as Financial Herald, Fox News, ABC News and

NBC News, Small Business Trendsetter Magazine, Okunsgroup USA Magazine, Victorious Life Magazine, Powerhouse Global Magazine and Local Hornchurch Newspaper. Became Secretary of the Year in UK.

Founder of Elizabeth Kreations, Time with Elizabeth Lucas, Radio Inspirational Show Host, and Yes You Can International (inspiring, empowering and mentoring Youths, Women and Families individually, locally and international. Happily Married and Mother of two children.

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WomenFROM AROUND  
THE WORLD**Antonetta Fernandes**

**A**ntonetta Fernandes is a 'soul, mind and body' therapist, bestselling co-author, Tao Hands healer, Life Coach & an extremely successful book promoter.

Antonetta is the founder of Fernandes Consultancy Ltd (FCL) & has spent the past 20 years coaching, managing events, promoting books and running a successful wellness practice that promotes energy medicine. Riding high as a #1 bestselling author of 'The Change2', which FCL's owner Antonetta Fernandes co-authored in collaboration with life coaches Jim Lutes and Jim Brit, she then took to promoting books and landed a major client Mynoo Maryel - within 30 hours of social media promotion The BE Book by Mynoo Maryel was a global Amazon #1 Best Seller in 9 Countries Since then, FCL has enjoyed #1 Amazon bestseller successes in 84 categories with 35 authors individually or in collaboration with book-trade partner organisations. The most recent titles to go to #1 at Amazon were Reinvent Yourself, Born to Stand Out, not to Fit In and book series 'Transforming Your Life'. Born in Kenya, the eldest of 9 siblings, she experienced

her first claim to fame as an up-and-coming artist: her work appeared in a local newspaper. During the course of her career, she has worked with both national & international companies. Her involvement with 'Convergence 97' at LWT Studios gave her a head start in embracing new media (the internet, social media, and mobile technology) with leaders & gurus.

As a child Antonetta was always intrigued with TCM (traditional Chinese medicine) but was discouraged by the circle and culture she was brought up. However, this dream was fulfilled in 2016 when she became a NES Health Practitioner to help people who were searching for an alternative method of healing. Antonetta's dynamic skills and passion have driven her philanthropic projects. As editor of West London Goans, she took on a taboo subject with her 1996 campaign against the child sex trade in Goa. The campaign gathered momentum in the UK and support from around the world. In 2000 she completed the Dublin Marathon despite being injured and raised £3000 for Whizz-Kidz, a charity that provides customised wheelchairs to children in need.

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## Clara Rufai



**M**y name is Clara Rufai (also known as THE SHINE STRATEGIST) I live in London with my family. I'm a Corporate Lawyer, Compliance Professional, Entrepreneur, Speaker, Coach, Mentoring leader and Podcaster.

I hold a Masters Degree in Business Administration (MBA) with over 30 years work experience, within the financial services sector. I'm also an Author, Book Consultant, Storyteller, and a Business Leader, with multiple awards and recognitions for my work some of which include:

Iconic Woman Award, Greatness Award, Power House Global Award, & Humanity Award to name a few.

The Republic of Women Recognition as one of '100Women' for 'Social Work & Women's Empowerment'.

'Officially Amazing' recognition by 'The Republic of Women'

Inducted into The World Book of Greatness 2020 as a 'Creator of Greatness'.

UK Country Director, International Youth Society.

I'm President/Founder of The SHINE ZONE, a social enterprise specialising in leadership, personal development and empowerment while creating platforms, resources, and tools for individuals and businesses to find their Shine Zone(s) and thrive. I'm

the CEO and Editor-In-Chief of SHINE Magazine. I'm also the Lead Mentor at the Shine Mentoring Hub (TSMH).

I'm the Creator of the SHINE PHILOSOPHY and various platforms, which I use to empower people to S.H.I.N.E; ie (S)tart (H)arness (I)dentify (N)etwork and (E)xpress their Brilliance, so that they can travel on a more rewarding and personally fulfilling path in life. I'm the Host of the weekly SHINE CAPSULES Podcast, the quarterly SHINE HAPPY HOUR networking sessions, the Convener of the annual LEAP AND SHINE CONFERENCE, and the Founder of the annual SHINE LEGACY AWARDS.

I serve as DIRECTOR of Strategy & Planning within The POWER TEAM, the Core Advisory Council for the G100 Media Arts & Communication, a sector-wing of the G100, the governing body of the All Ladies League (ALL), the Women Economic Forum (WEF), SHEconomy, the policy advocacy body, Women Indian Chamber of Commerce and Industry (WICCI).

I can be reached at my official email address: clara@clararufai.com

### WEB LINKS:

[www.ClaraRufai.Com](http://www.ClaraRufai.Com), [www.theshinezone.com](http://www.theshinezone.com)  
[www.leapandshineconference.com](http://www.leapandshineconference.com)



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# CELEBRATING 50 Women FROM AROUND THE WORLD



## Dr. Jacqueline King

**D**r. King is the CEO/Founder of Black Women Empowered Inc., a Social Media Ministry/Network with over four million followers. She has a Passion to teach people the benefits of having a relationship with God, discovering their purpose while supporting each other, specifically focusing on women of color. Dr. King utilizes her years of Corporate and Ministry experience to empower women all over the world. Learn more at [blackwomenempowered.org](http://blackwomenempowered.org) [bwenetwork.com](http://bwenetwork.com) and [blackwomenempowered.net](http://blackwomenempowered.net)

### AWARDS

- YMCA New Jersey Minority Achiever 2001- Personal and Professional Accomplishments and Community Involvement
- CCBIC Lifetime Achievement Life Legacy Award

### BOARDS/SERVICE

- Greensboro Human Relations Commission - Vice Chair
- Greensboro Human Services Sub-committee - Chair
- Greensboro Police Department Faith Council
- Greensboro Police Citizens Review Board - Vice Chair
- NAMI - National Alliance on Mental Illness Board of Director
- One Step Further Board of Director
- Top Teens of America, Guilford County - Assistant Advisor

- The College of New Jersey Non Traditional Jobs for Women
- Middlesex County Gender & Equity Board
- PSEG Professional Speakers Board
- PSEG Diversity Council
- Mercer County Child Placement Review Board
- Ewing Township General Assistance Board
- Mayor of Newark NJ - Diversity Council.

### PRESENTATIONS

- Electric Retailing via the Internet
- Electric Deregulation for consumers
- Behavioral Based Interviewing

### CAREER ACCOMPLISHMENTS

- Founder/CEO Black Women Empowered Inc.
- Top ten percent of sales consultants - American Express
- Express Top Collector, charged off loans - Bank of America

### CERTIFICATES

- Greensboro Citizens Police Academy 2016
- Greensboro Citizens Academy 2015

### SIX SIGMA YELLOW BELT CERTIFIED

- Bachelor of Science - Business Administration
- Master of Science in Christian Counseling
- Doctorate in Christian Ministry Honorary Doctorate in Humanitarian Certified Chaplain

### CONTACT DETAILS:

[www.blackwomemempowered.com](http://www.blackwomemempowered.com)

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## Dr. Noelle Hunter



**D**r. Noelle Hunter is the president and co-founder of iStand Parent Network Inc., an NGO that empowers parents to recover their children from International Parental Child Abduction (IPCA) and advocates for public policy reform to prevent and end this crime against children and families. Dr. Hunter co-founded iStand Parent Network after successfully recovering her daughter from an abduction to Mali in 2014.

Since 2014, iStand has assisted parents with reunifications of 54 children who were parentally-abducted or wrongfully-retained in 14 nations. iStand also works cooperatively with local, state and federal agencies, members of Congress, NGOs and international advocates to advance policy reform to strengthen domestic and global IPCA prevention and response.

Dr. Hunter has served as an invited witness on IPCA before the U.S. Senate Committee on Foreign Relations, the U.S. Senate Committee on the Judiciary, the U.S. House of Representatives Committee on Foreign Affairs and Subcommittee on Africa, Global Health and Global Human Rights. She has also offered expert testimony on IPCA before the Commission on Security and Cooperation in Europe

(Helsinki Commission) and served as a consultant to the U.S.-based National Criminal Justice Training Center. Dr. Hunter received the Humanitarian Award from the Alabama chapter of the NAACP.

Dr. Hunter is the former dean of students at Ohio Valley University and also taught government and international relations at West Virginia University and Morehead State University. She is the former Walter Rollins Scholar for the West Legislature and the James E. Webb Fellow at the Smithsonian Institution Office of Policy and Analysis.

Noelle earned a bachelor of science in journalism from Ohio University in 1994, a Master of Public Administration degree in 2009, and a doctorate degree in political science from West Virginia University in 2007.

She is currently a lecturer of political science at the University of Alabama in Huntsville, Ala and is working to establish a Center for IPCA Prevention and Research. Dr. Hunter has three daughters, Maayimuna, Rysa and Rachel.

### CONTACT DETAILS:

Noelle Hunter, PhD  
 noelle@istandparentnetwork.com

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## Jennifer Randive



Jennifer Randive is the Maverick CEO of focus direct Management Consultants, A Podcast Host on Being The Change... The CEO-U of Your Life and Living Pioneering Change and Transformation Executive Search and Recruitment Coaching and Mentoring Enabling Change To Transition and then Transform this is what has made Jennifer a much sought-after individual in the market!

Jennifer is a powerful blend of a Maverick, Mentor, Speaker, Energy & Consciousness Coach, Consultant and An Author. Going beyond the conventional methods using tools and techniques to catapult your growth to the next level You get much more than you can imagine when Jennifer works with you.

She is the invitation to

- Look beyond what you have defined yourself as or what your business is
- To recognize yourself as a valuable contribution
- To the discovery of your potential
- Inspire you to see possibilities for you to step into
- Engage to assist you to emerge empowered

She has been privileged to work with some of the most prestigious Government and Semi-Government, Private and International and Multinational companies, assisting them with their talent search. Today she mentors these clients adding more value to their personal and professional lives. She works with companies to bridge the gaps of engagement between people, management, teams, and organizations, which adds value to their performance both internally and externally.



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## Betty Irabor



**B**etty Irabor is a globally sought after keynote speaker. She is a mental health and wellbeing consultant who uses her personal experience for understanding and managing mental health and wellbeing in and outside the workplace.

As a global publisher, philanthropist, businesswoman, and writer, She Founded Genevieve Magazine - Nigeria's leading lifestyle magazine, Genevieve Pink Ball for breast cancer. She is Author; Morning Dew, Life Lesson, and Dust To Dew - A Memoir. Widely celebrated on global platforms, she has been featured on 'The Entrepreneurial Edge' on CNBC, Forbes Woman Africa's 'Against all Odds,' and BBC's 'The Conversation', NEW YORK TIMES, BUSINESS DAY, ELLE SA. She was the Creative Curator of the Cointreau creative crew for its 'Dream, Dare, Create' campaign which was aimed at developing women's freedom and expression. She also sat on the board of Total Nigeria Ltd. as a jury member in the STARTUPPER project for young entrepreneurs. She contributed columns to ThisDay, Vanguard newspapers, Guardian. Betty was the host of Morning Dew on Inspiration FM radio as well as

co host of WHICH ONE a consumer awareness programme at the NTA. Betty is one of Nigeria's leading philanthropists. She has long believed that knowledge is the door to freedom. Her first book, "Morning Dew," was a clarion call for women to live a purposeful life. She was named a Hero for the Lancôme Paris 'My Shade. My Power' beauty campaign in Nigeria in 2018.

Her book "Dust to Dew" chronicles her various journeys and battles with mental health/depression. 'Dust To Dew' features an incredible collection of recipes designed to promote good mental health. Betty recently embarked on a National tour through her platform #mybeautifulmindsessions trying to NORMALIZE mental health conversations with a view to #endstigma.

Betty Irabor is known for positively influencing thoughts; she steadily shares her story at the risk of being vulnerable, in order to encourage others to succeed against all odds.

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## Mira Warszawski



**M**ira Warszawski is Jay Shetty Certified Life and Success Coach, Entrepreneur, 3 times best-selling Co-Author of “Voices of Hope”, “Rebirth” and “Resilient Voices”. She is a member of the living book “Voices of Joy”. After years working as a nurse, she has left her job in hospital, following her calling to help others as a life coach so they can become the best version of themselves.

She was born in Poland to keen gardeners and nature lovers. She studied law and chose career in journalism. As a young woman, she wrote hundreds of articles to local and regional newspapers. When she was 33 years old, her profile was included in the Lexicon of Polish Journalism.

Despite ups and downs in her life, she had overcome obstacles, left Poland in 2005 and started a new life in the UK. Since then she has lived in London with her family which is in the heart of everything she does. She finished nursing in the UK, working as a Nurse until she decided to move her career into life coaching.

Humanitarian work is also in the core of her existence. Since 2018 Mira is a board member of “I Care Children Foundation” in Sierra Leone and Ambassador of Peace in the United Kingdom, appointed by the World Institute for Peace in Nigeria. Mira’s calling is to add value to other people’s lives. She aims to achieve it by serving others as a life coach who has experience, knowledge and strategies. She is ready to help others finding courage within themselves so they can follow their dreams as she does. More importantly, Mira has compassion, empathy and ability to listen to others without judging them, believing that everybody has a potential to change their life.

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## Omita Gaikwad



**G**lobal Wellbeing and Oneness has now become her personal mission and she believes that this can only be accomplished as each and every one of us reconnect to our authentic powerful true selves.

Self-awareness ,personal transformation and wellness are the keys to unlocking, harnessing and experiencing true potential, happiness and limitless power, as discovered by Omita, having traversed and crusaded through varied periods of adversity such as divorce, depression, anxiety, loss, debt , burnout and cancer twice, as a single mother.

Professionally she has and continues to hold many leadership and consultancy roles across a variety of sectors, predominantly healthcare within the NHS, and has been evolving and emerging as a powerful uplifter and global change agent over the past five years.

Certified and experienced in NLP and performance coaching, stress management, clinical and naturopathic nutrition, yoga and energy management techniques and recently having awakened through her own exhilarating journey of self-transformation, Omita has merged and blended her professional skills

and life experiences and embraced her life calling as a Holistic Transformation Coach and founded Pure Transformation Coaching.

From a place of immense gratitude for the gift of life, and in particular the gift of speech, Omita aspires to harness her voice as a powerful tool for transformation as a Speaker of Upliftment & Empowerment, sharing her story presence and experiences across the globe.

Enabling individuals and organisations in bringing more balance, sustainability, clarity and joy into their lives, through a focus on wellbeing, mindset and purpose is what makes Omita feel alive! Social transformation and intergenerational global citizenship lies at the heart of her life and ever since childhood , she has engaged in philanthropical efforts, spreading love and kindness across the world, currently volunteering her time and energy with a number of non-profit organisations supporting under-privileged children on both a global and local scale."

### CONTACT DETAILS:

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[www.puretransformationcoaching.com](https://www.puretransformationcoaching.com)



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## Maitén Panella



**M**aitén Panella is a Psychologist and Psychotherapist, with 25+ years of multicultural experience and further studies in Gestalt, Emotional Intelligence, Positive Psychology and Cognitivism. As a Business Psychologist, she loves to help leaders gain clarity and focus on recognising opportunities, reconnecting with their true purpose and motivation.

She vigorously defends the concept of Contact, a powerful force that springs out when people remain fully present, practising active listening with genuine curiosity and generosity.

Maitén has worked with corporate and private clients on 3 continents, an experience that led her to fully understand that each person needs to be understood and respected in its uniqueness and wholeness. This is the approach that opens the doors to a life fulfilled and to a significant contribution to society.

She has been practising Yoga and meditation for 30 years. She fluently speaks (and work) in English, Italian, Spanish. She also has a good knowledge of French and Portuguese.

As an entrepreneur and among other ventures, she has founded a Society for Arts and Culture in Venice, Italy, in 2005.

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## Larisa B. Miller



Larisa Miller studied Political Science with a minor in Hungarian at Rutgers University in New Brunswick, New Jersey, and Organizational Leadership at Penn State University. She worked for the Commonwealth of Pennsylvania for the Secretary and Deputy Secretary of Agriculture, and later for the Pennsylvania Governor, Tom Ridge, with a focus on public policy. Larisa spent several years working as a personal advisor and head of business development for members of the Royal Family in Abu Dhabi, United Arab Emirates, with focus on investment in sustainable development, technology, energy and agriculture. Additionally, Larisa served as head of the Royal Family's large non-profit foundation, which focused on women, youth, literacy and education. Through her work with this UAE-based foundation, Larisa spent considerable time working with women and children in refugee camps in the Middle East and Africa, providing tools, knowledge and resources necessary to allow them to become entrepreneurs.

Larisa is CEO of Phoenix Global LLC, a global investment and consulting firm headquartered in the USA, specializing in international municipal and governmental consulting; sustainability and innovation strategies; business development, recovery and acceleration; as well as assisting clients in global market expansion and development. As an investment firm, Phoenix Global is the vehicle to meaningful investment projects both domestically and internationally, matching large-scale investment opportunities with strategic capital partners.

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## Thecia Jenkins

**T**hecia Jenkins is an international speaker, trainer and coach and is passionate about working with women and organizations whose mission to equip girls and women to live a life without violence, have access to options that lead to economic security and experience happiness.

For the last thirty years she assisted women heal from the trauma of domestic and sexual violence as an advocate and coach. She has developed programs focusing on self-esteem, starting a home based business, and healthy relationships.

She is the owner of I Am BOLD, LLC, a personal and professional development company. Thecia works with non-profits and small businesses internationally and provides training on gender-based violence, emotional intelligence, diversity, and public speaking. Thecia Jenkins is the Training Director with the Harris County Domestic Violence Coordinating Council in Houston. She oversees curriculum development, community outreach and training for

law enforcement, healthcare providers, educators, corporate, clergy, social services and communities to raise awareness about recognizing, responding and referring victims of domestic violence to increase access to services and safety.

As a gender-based expert, she consulted on the reality show "The Book of John Gray" on the Oprah Winfrey Network and is an expert witness on domestic violence cases.

She was a featured speaker at the inaugural Emotional Intelligence Summit in Ghana (West Africa) and is currently co-authoring EQuip To Lead which will be released this fall.

She is a graduate of Texas Woman's University and hold certifications in Diversity, Emotional Intelligence, DiSC (behavioral styles), Mediation and Coaching. Her favorite quote is "No significant learning occurs without a relationship." by Ruby Payne, Educator.



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## Sarifa Alonto Younes



**S**arifa Alonto Younes is a Serial Edupreneur, Best-Selling Author, International Speaker and a Philanthropist. She is an advocate for women empowerment, education and leadership.

Her achievements have earned her as a multiple award winner: a recipient of Australia 2018 AusMumpreneur Multicultural Business Excellence Award, United Kingdom WOHA 2020 Mother Theresa Award, World Women Vision Awards 2021 Philanthropy Award. She is a WAW Honorary Award Hall of Fame and Honorary life member of ALL Ladies League.

She resides in Melbourne Australia with her husband, Hassan, and her four children.

As a leader of leaders and a giver to givers, she is admired for her ability to listen and support those in need. Sarifa has a passion for education and love for humanity, and dreams of a world where young girls and orphans are given a fighting chance at a quality life, and the ability not only to survive scarcity, but to be able to savour in the gifts and rewards education can provide.

Sarifa is the President and Founder of the International Academy of Marawi (I AM), Philippines; Director and

Co-Founder of Training College of Australia; CEO and Founder of Arndell Park Early Childhood Learning Centre; Global Director of Speakers Tribe Women, Australia and this year appointed as the Australia Country Chair on Business Networking under the auspices of ALL Ladies League.

Sarifa holds a Bachelor Degree in Psychology, a Master's Degree in Industrial & Organizational Psychology and another Master's Degree in Education and Training, which made her a strong voice on the international stage: speaking on education, organizational change, women empowerment, leadership and management.

Her #1 Best-Selling book, Love Your obstacles, has been shortlisted to be amongst TOP 18 for the Golden Door 2021- Truth & Integrity of the Written Word.

Also contending for the Golden Door Award as well as Golden Door-REX Karmaveer Truth-Writer Fellowship & Chakra Awards.

In her book , Love Your Obstacles, she sheds light on how we can grow and overcome our challenges and turn them into opportunities. Her another book on leadership is about to be published.

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## Sinjini Sengupta



**S**injini Sengupta is an erstwhile Actuary turned into an award-winning author, multiple times TEDx speaker & international columnist. She is the founder of Lighthouse where she serves the mission to "Bring Hearts To Work". She's received several international awards & felicitations for her literary contributions, influence, and change-making, including a walk down the hallowed red carpet at the 69th Cannes Film Festival in 2016.

She is also a Distinguished Toastmaster, the highest education degree from Toastmasters International. And the National President of Mentoring & Soft Skills at Women Indian Chamber of Commerce and Industries. She supports large communities as a Mentor/ Coach/ Influencer on a no. of platforms such as Toastmasters International, Sheroes, Jobs for Her, etc.

Sengupta is uniquely placed at her mission with 12 years of a rigorous corporate career, 8 years of active intense liberal arts practice with multiple forms like writing, speaking, theatre and film screenplay, media and columns, and several years of deep spiritual seeking and studying of Buddhism and Vipassana. She combines these gifts to serve her calling in the overlap of SDG 3, 4 and 5 to help discover and develop the voice and vision of the future leaders

that will individuate their personal and professional roles beyond the ordinary. Her work integrates interdisciplinary tools of Creative Writing, Storytelling, Conscious Communication, Emotional Intelligence, Neuro Linguistic Programming (NLP) and socio-psychological insights to help you develop your individuated presence and influence in life, career and business.

At Lighthouse, she teaches a range of experiential & transformative masterclasses, webinars, workshops and retreats aimed to help with:

- STEP-IN with Self Exploration
- STEP-UP with Skill development and branding
- STEP-OUT with Impactful and Emotionally Intelligent Leadership.

She works with leaders, founders, and changemakers across the globe.

Sengupta is excited to explore more opportunities to bring her gift to more sisters across the world with help of virtual fire-circle sessions, short self-paced online Story courses and longer story retreats. She believes the "Gift of Voice" can shift our inner dialogues, outer manifestations and social narratives, and change the very way the future can embrace the feminine.

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## Belinda Parker-Brown



**B**elinda Parker-Brown lives and works in the United States of America (U.S.) as a community mobilizer which is a noun quite different from the verb or action phrase, “community mobilizing”. By the time that activity gets underway as part of Parker-Brown’s good government advocacy, she has looked beyond related incidents and seen the pivotal, underlying malfunctions, dysfunctions, and/or corruption of U.S. government. Her instincts and vast network of personal contacts then serve well in solidarity building for solutions. Parker-Brown is a visionary and accordingly detects, harnesses, and orchestrates synergy among stakeholder group leaders, even when that potential is far from obvious to most onlookers.

Phenomenal orchestrating for justice is second nature for Parker-Brown. However, she is as skilled as a seasoned diplomat. With notable ease and accuracy, Parker-Brown translates some of the most complex considerations of history, law, and political science into language and concepts that resonate among the

masses. Fannie Lou Hamer. Dr. Martin Luther King, Jr. Malcolm X. Professor Angela Y. Davis. Glimmers of all of these remarkable change agents are regularly seen in Belinda Parker-Brown. To know her is to witness how America’s Statue of Liberty would look and seem as a walking, talking human being.

### CONTACT INFO

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## Ilona Parukanova



Ilona Parukanova is a 3X Best-Selling Author, Keynote Speaker and a Founder and CEO of IP Resilience Global Magazine where she inspires men and women in leadership.

Ilona is an direct descendant of an Armenian Genocide survivors during WWI and survived the wartime in Republic of Georgia right after the collapse of the USSR. Over the years Ilona has succeeded in turning her disparities from war, losses, struggles to fit in, every “No” in her life, into her super powers.

Ilona rose above all odds to obtain Doctorate Degree in Family Christian Counseling and her PhD in Christian Philosophy. As a Master Coach she empowers people to find their voice even in the darkest times of their life and imparts courage and self-confidence so that they, too, can experience liberty in all of its best.

She is an International TEDx speaker and is featured in Fox, NBC, CBC, Influencive, Powerhouse and Forbes Magazines.

Ilona introduces herself unapologetically as God's Masterpiece and puts God as a CEO of her life.

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[www.IPResilienceGlobal.com](http://www.IPResilienceGlobal.com)

[www.IlonaParunakovaEmpowers.com](http://www.IlonaParunakovaEmpowers.com)

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## Brenda Dempsey



**B**renda Dempsey is a Visionary, Action Woman and Spirited Leader. From a young age (10), Brenda took action for starving children in Biafra, raising money and vowing she'd one day visit Africa and build a school. Her Strength, self-belief and resilience were her armour when she found herself homeless with four children after her abusive marriage broke down. Brenda's grit, determination and vision of a better life for herself and her family were the staying power she needed to complete her B.Ed(Hons) degree during this challenging time to fulfil her childhood dream of becoming a teacher. Devoted to her career, Brenda once again found herself at a pivotal moment in her life when she lost both her parents, great-nephew and nephew within 18 months. She found her courage and moved everything to a new beginning in Surrey from Scotland. Transitioning is something Brenda embraces as it opens new opportunities, challenges and adventures, revealing spirited leadership qualities of courage, resilience and vision. She realised a life-long dream on an expedition to Malawi to make a difference in

women and children's lives.

After 25 years, she left her beloved teaching to take up the challenge of building an I CAN Movement of 1 MILLION Spirited Leaders. They are raising their Voices of Courage, impacting change and creating extraordinary results for themselves, others and the world through imagination, innovation and influence. No stopping Brenda (a diamond woman) during Covid-19, with a wealth of experience and expertise in writing and books, she created her new business, Book Brilliance Publishing, a Publisher with a difference for authors, speakers and entrepreneurs. A Partnership Publishing House that puts its authors at the heart so they can partner their way to Success - Business Brilliance on a global stage where You Drive, We Navigate.

### SOCIAL MEDIA HANDLES

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## Juliana Cici

Juliana is currently a PhD candidate in Faculty of Law from University of Geneva and hold a master degree in European and International Governance from University of Geneva.

She is currently working as an international consultant for the IOM and she brings over 10 years of experience in advocacy for human rights in both national and international level. She was a former Vice Commissioner for the Albanian Ombudsman.

She has a special interest for gender equality; migration and climate change.



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## Ms Sonal Dave



**A**s a multi-passionate, Sonal has led an exciting and eclectic career. From a young age, she did not let anything stop her from following her dreams. At the age of 50, she became one of only two Asian Female Toastmasters and Celebrants in the UK. She is also a Public Speaking Expert for Children and Adults, teaching life skills. She is a Magistrate with NW London (since 2004) and a published author following the launch of the collaboration books "It Starts With Me" and "The New Woman".

Born in Uganda, Sonal was diagnosed with Congenital Dysplasia of the left hip. Not letting this stop her, she became a child performer with the English National Opera & Sadlers Wells and after college went on to solo travel around India.

Her health issues in her younger years became a lesson for managing her health later on in life, giving her strength and tools to cope with trauma and chronic pain. Sonal now hopes to help others break

down barriers and open doors to show them that they too have the opportunity to be different and do what they are passionate about.

Dare To Dream - Dare to be Different. The World is your Stage"

### CONTACT DETAILS ARE:

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## Ms. Woulard

Constance Woulard is a best-selling author, keynote/motivational speaker, visionary, and transformational leader. She is a co-author of the Women Who Pray collaborative, igniting 90 days of prayer. Ms. Woulard is a featured author of *The Heart of a Leader*. She is also a co-author of the *Sister Leaders Anthology*, and the co-author of *More Precious than Gems, She Knows Her Worth* anthology. She is dedicated to motivating and empowering others to be their best.

Ms. Woulard studied chemistry and English at the University of Southern Mississippi. She later obtained certification in secondary education. She received a bachelor of science in Nursing from William Carey University, and a Masters of Science in Nursing Education from William Carey University.

Her speaking encompasses podcasts for Mogul Media, WinHers United, Season 7, and Sabotaging Behaviors: How to Overcome Them on Clubhouse, Stiletto Talks. She is an esteemed member of Chi



Eta Phi. Her nursing and leadership career has been dedicated to creating high quality, reliable systems of care and developing the next generation of nurses and health care professionals to lead in these ever-changing times.

Ms. Woulard was nominated by Becker's Healthcare Review as Healthcare Hero of 2020, Wellpath's Nursing Leader of 2020, and 100 Successful Women of the Gulf Coast to know in 2020.

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## Bolatito Ayoola



**B**olatito Ayoola is a mother of four children who believes that being a single mother does not mean you cannot achieve your potentials and live a quality life.

Once a teacher they say is forever a teacher. She used her teaching experience and education background to raise her four children single handedly. And today, she is a proud mother of a University graduate.

A Marketing Consultant, Event Coordinator, Project Development Manager, Health and Wellness Coach.

Believing that everyone is unique in their own magnificent ways, helping other people to achieve their potentials and make their dreams come true is her passion. She wants everyone, men and women become financially independent and live a healthy life.

A business coach and mentor who loves mentoring teenagers and young adults to identify their God given career at the early stage in life and coaching business owners to build their businesses.

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## Virginia Vallely Hensel

I am from the Midwest in the United States, brought up by two depression era parents who taught by example, the meaning of service. Thanks to their example, I have been a eucharistic minister, worked in a soup kitchen founded by my mother and served along side my mother on the board of directors for the Center for Street People. Even more than serving my community, I learned to reach out to individuals, the hopeless and helpless, the lost and the lonely, making family out of strangers. There will never come a day when there isn't room for one more at my table and in my heart.  
Virginia Vallely Hensel

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## Sandi Saksena



**B**e Yourself. The greatest pleasure in life is doing what people say you cannot do.

Multiple International awardee for Women Empowerment, Leadership and Entrepreneurship.

Sandi Saksena is a Queen, a TOR with the Universe, Femtor Facilitator Negotiator and more. A sought after speaker, and personal finance influencer. An icon of success who has worked hard and smart to set an example for other women.

As sales manager she leads her own team At Nexus Insurance Brokers.

Sandi heads the 'Family Matters' division at Echelon Advisors and Management Consultants her family firm and dedicates her energies to empowerment of women through financial independence.

A well - known personality in the media for her contributions on personal financial matters and leadership she is regularly featured in various international publications and international platforms as a speaker/host/moderator

Sandi's life challenges and achievements are documented in the publication Tough Roads CREATES Tough People Volume 2 By Anita Dukworth-Bradshaw, available on Amazon.

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## Lady Anita Duckworth-Bradshaw

Lady Anita Chioma Duckworth-Bradshaw is an Award winning Global Impact Leader, Best Selling Author, Change Agent, Life Coach, and the Creator of the Powerhouse Global Brand (Powerhouse Global Magazine, Powerhouse Global Awards and Powerhouse Global Conferences).

Her eye for beauty, her talent for design, and her imaginative and creative skills have led her to build a global social media platform that helps further her social work. Culminating in an elegant and most sophisticated publication that serves humanity and shares their stories, she's managed to create a world where to feature women and men alike. Her brilliant use of social media allows her to vastly influence the masses. With a distribution reach of 73 countries from around the world Lady Anita helps feed minds and touch souls.

Providing basic education for children, designing skills acquisition programs for women, and fostering social skills for youngsters, feeding over 1000 children and supporting more than 1000 women through her work within her foundation since the inception in 2016.

Lady Anita is a true embodiment of a servant leader. She has created a platform for men and women alike

from all spheres of life to showcase their brilliance. A place leaders have come to love. Through online presence she gives hope to many people – especially women.

Her own personal struggles gave birth to her purpose. Having grown up in Africa, she understands first hand, the importance of supporting others and helping provide ways to have life's basic needs met. She found a solution and therefore, created her foundation Powerful Global Women Foundation (PGWF) in 2016 in Nigeria and subsequently, her most radiant Powerhouse Global Magazine publications.

She lives by her motto of: Transforming Lives – one person at a time. Utilizing her voice, she addresses pressing issues and topics related to her work. Topics such as: Global Visibility; Your Voice. Your Power; Reposition for change; The Leading Leader; Risk to Reward; Healing From Within; The Road To Discovery and others.

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<http://www.powerhouseglobalmag.com>

<http://www.powerhouseglobalstars.com>

<http://www.powerhouseglobalwomen.com>





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# POWERFUL GLOBAL WOMEN FOUNDATION

## SUPPORTING WOMEN AND CHILDREN GLOBALLY (03<sup>RD</sup> APRIL 2021)

Powerful Global Women Foundation in collaboration Royalty Kids Montessori School present A one day easter retreat for children and teenagers. Theme of the program was: The Total Child. The program includes reason for the season, cinema, POP quiz, music, baking and lots more. Mrs. Josephine, Phillip Itsuokor (Proprietress, Royalty Kids) was present as host. Over 100 children were in attendance during the program.







# POWERFUL GLOBAL WOMEN FOUNDATION

## CHILDREN RETREAT EVENT (12TH SEPTEMBER 2020)

We had various workshops for them during the gathering. We also gave facemasks each child that was in attendance. Over one hundred children attended the event. They were all fed as part of our tradition to do. A massive thank you to Ross Swan for supporting our mission.

This project was led by our amazing Vice-president (Mrs Josephine Itsuokor).











# POWERFUL GLOBAL WOMEN FOUNDATION

## COVID-19 PROJECTS

As part of PGWF mission to support more families during this challenged time, we have been able to hold two projects (one in April and the other on 13th July 2020). We distributed food supplies to several families and orphanage homes.

Our team lead by Mrs Josephine Itsuokor (Vice-president of PGWF) made these projects a success. We will continue to reach out to more families through the support of our global partners.



**VICE PRESIDENT  
MRS JOSPHINE PHILIP  
ITSUOKOR**







Powerful Global Women Foundation (Powerhouse Charity) was founded in 2016 in Nigeria, West Africa, by Lady Anita Duckworth-Bradshaw. The core objective of this organization is to transform the lives of women and children, through various projects centred around the need of the service group.

In 2016 Lady Anita single handedly fed over 400 children as part of “project feed 1000 children globally”, and held an empowerment conference for the women. Through this project, so many women have gone to do great things with the knowledge they gained from the event.

She recently held a life transforming event for women in Lagos, Nigeria as part of International women’s month celebration 2018. The turnout was very encouraging. She is working towards supporting more families to keep their children and wards in school through” project back-to-school” starting in September 2018.

We are seeking for global support from individuals and organisations who would love to be a part of this service to humanity.



To support us, please visit:  
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 or [powerhouseglobalmag@gmail.com](mailto:powerhouseglobalmag@gmail.com)



## CHARITY PROJECT

As part of our Global Annual commitment, we were able to successfully complete project feed the children 2019 mission. Over 150 children were fed at this year's event. Powerful Women Global Foundation (PGWF) is a charity set up by Lady Anita Duckworth-Bradshaw in 2016. The service users are women and children.

To support PGWF, please email [womanthepowerhouse@gmail.com](mailto:womanthepowerhouse@gmail.com)







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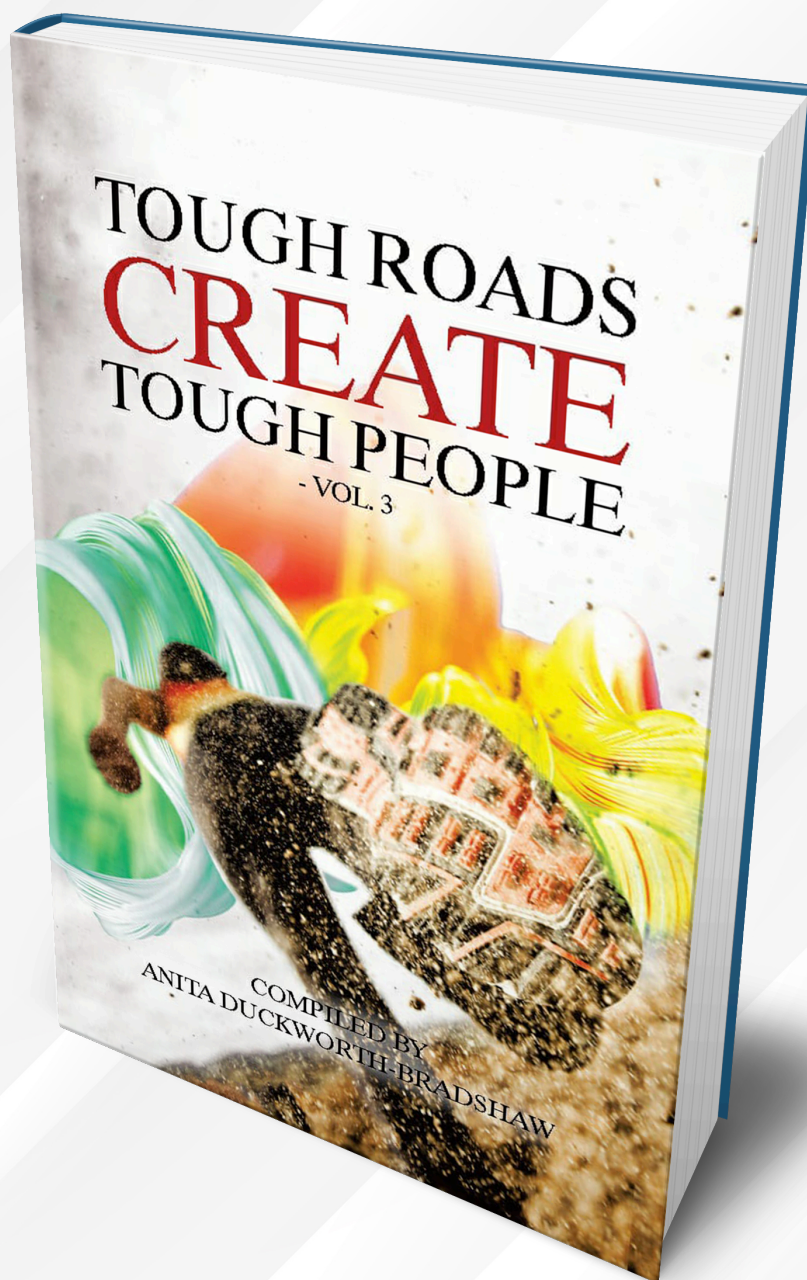
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